

EMITREMMUS

100km Route Sheet

Sunday 28th October 2018

The start is at Costello's Café by the Sailing Centre, Fairlands Valley Park, off Six Hills Way, Stevenage (O.S. 166 grid ref TL 254243. Postcode SG2 0BL). Start 1000. Please arrive by 0945.

STAGE ONE

From start FWD to park exit. LEFT onto Six Hills Way Cycleway. Cross Brittain Way. RIGHT under first underpass. Continue on cycleway across Marlborough Road. Cross Cromwell Road and bear right along section with green fence. After about 250m second LEFT, before the cycleway turns right, to go through underpass under Gresley Way and onto Tatlers Lane. First RIGHT onto Short Lane. At T Right onto Long Lane.

Continue FWD to **ASTON VILLAGE**. At T RIGHT. At second T LEFT (sp Benington). Pass to right of "Pig & Whistle", down hill, over River Beane and climb to X roads where FWD to **BENINGTON** (7.7km/4.8 miles).

RIGHT (sp Ware/Hertford) to **WHEMPSTEAD**. At X by cream cottage LEFT (sp **DANE END**/The Mundens. Beware gravel on corner) to **DANE END** (sp cannot be seen until the last moment).

LEFT at X (sp **GT MUNDEN**) and FWD on major route through **GREAT MUNDEN**, **NASTY**, bear RIGHT (sp Buntingford) to **WESTMILL** (20.5km/12.6 miles), **ASPENDEN** where sharp RIGHT (sp **BUNTINGFORD**) and under A10. At T LEFT into BUNTINGFORD. RIGHT at mini RBT onto B1038 sp Brent Pelham to HARE STREET.

At stgd X RIGHT (sp Braughing B1368) to Old Swan Tea Shop on rhs. (27km/16.8 miles). Go just past the front entrance. Control through rear gate to left of tea room.

CONTROL OPENS 1055; CLOSSES 1210

Please be considerate where you park your bike. Do not lean it against the house next door to the Old Swan or clutter up the other side of the road. There should be space in the Old Swan's garden.



STAGE TWO

Retrace to stgd X where RIGHT on B1038 to **GREAT HORMEAD** (28km/17.4 miles).

Continue on B1038 through **BRENT PELHAM**. At top of rise RIGHT (sp Newport) through **CLAVERING** & **WICKEN BONHUNT** to **NEWPORT** (40.5km/25.3 miles).

At T LEFT (sp **S WALDEN**/Cambridge) on B1383 to RBT where RIGHT (sp **SAFFRON WALDEN**) on B1052.

In **SAFFRON WALDEN** RIGHT (sp town centre). FWD over 2 mini-RBTs and down hill to traffic lights, FWD then shortly RIGHT into King Street. In 30 metres entrance to café through Central Arcade on rhs.

MOCHA'S CAFÉ. (47km/29.4 miles)

CONTROL OPENS 1140; CLOSSES 1350

STAGE THREE

From café LEFT and walk to end of Central Arcade. LEFT to lights and FWD up hill. FWD over mini-RBTs (sp Saffron Screen then Audley End). Follow Audley End signs past County High School then LEFT (sp **WENDEN**, this is now cyclists only).

At T LEFT on B1383 and shortly RIGHT (sp Royston) on B1039. FWD over mini-RBT in **WENDENS AMBO** to **GREAT CHISHILL** (60km/37.5 miles).

In **GREAT CHISHILL** LEFT (sp Barkway) opposite church into May Street. FWD to **SHAFTENHOE END**. Continue FWD up hill. At B1368 LEFT at T to **BARKWAY**. (64.8km/40.5 miles)

In **BARKWAY** first RIGHT (sp **REED/Royston**). In 2.2 kilometres/1.4 miles LEFT (sp **REED**) into Crow Lane then Jackson's Lane. At T LEFT on Blacksmith's Lane to T. RIGHT at busy A10.

Pass the Silver Ball Café (71km/44.4 miles)

IMM LEFT into lane (sp **THERFIELD**) through **HAY GREEN**. In **THERFIELD** (By Fox and Duck) LEFT into Church Lane. Fordham Memorial Hall is on the rhs (74km/46.0 miles).

CONTROL OPENS 1235; CLOSSES 1555



STAGE FOUR

Retrace to junction and IMM LEFT into Pedlars Lane (no sp). LEFT at T and continue following signs to **KELSHALL** and **SANDON** where at T LEFT (sp Buckland) and bear RIGHT (sp Wallington).

By cricket pitch/red 'phone box LEFT (sp **RUSHDEN**). At T LEFT (sp **RUSHDEN beware gravel**). FWD passing "Moon and Stars" and onto A507. Shortly RIGHT onto minor road (sp Walkern) where main road bears left. In 1.4 kilometres/0.9 miles turn RIGHT (sp **LUFFENHALL**).

In **LUFFENHALL** LEFT and RIGHT (sp Weston). Up hill and bear RIGHT to **HALLS GREEN** where FWD passing "Rising Sun" pub on rhs.

Continue FWD to **WESTON**. **INFORMATION CONTROL** at X roads in **WESTON** (see question in brevet card). (94km/58.4 miles).

Then LEFT and FWD (sp Stevenage) through **DAMASK GREEN**. FWD for about 2.5 kms/1.5 miles.

Bear RIGHT and then turn LEFT onto traffic calmed road (Calder Way). After speed bumps at first T LEFT. At second T RIGHT onto Great Ashby Way. FWD at RBT (still Gt. Ashby Way). At RBT LEFT onto Canterbury Way.

At T RIGHT onto Pilgrims Way. Shortly LEFT into Coventry Close and IMM RIGHT onto cycleway. Shortly RIGHT to pass under Martins Way RBT (Underpass 1). FWD (U3) then bear LEFT (parallel with Verity Way). FWD through three underpasses then bear RIGHT (and west) parallel to Fairlands Way and downhill under Douglas Drive and Webb Rise.

After 0.5km LEFT through underpass for Chells & Shephall. IMM LEFT into park then at Fairlands Valley Park sign cycle RIGHT onto shared use cycle path alongside hedge. **Please give other users space**. At T LEFT over bridge and bear RIGHT. Pass sailing centre/café on rhs then IMM RIGHT through car park. Finish control in café.

ARRIVÉE FAIRLANDS VALLEY PARK COSTELLO'S CAFÉ (100km/62 miles).

CONTROL OPENS 1330; LAST ARRIVAL 1800.

ABBREVIATIONS

FWD	= forward
IMM	= immediately
RBT	= roundabout
rhs	= right hand side
sp	= sign post
stgd	= staggered
T	= T junction
U	= cycleway underpass (with number)
X	= cross roads

You will pass through **PLACES** marked in underlined, bold capitals. Continue on major route unless directed otherwise.

You will need a pen or pencil for the information control.

Average speed 12.5 to 28kph. Don't forget to get your card signed and timed at each control including the finish. Please support the cafés and WI. They are helping to make this event possible.

The route can be checked on O.S. Landranger maps 153, 154, 166 and 167. A map showing the start can be obtained by typing SG2 0BL into a street map website e.g. www.streetmap.co.uk

If you are coming by car please use the large car park on the left as you enter Fairlands Valley. The café car park will be needed by others.

You will need lights from 4.50p.m.

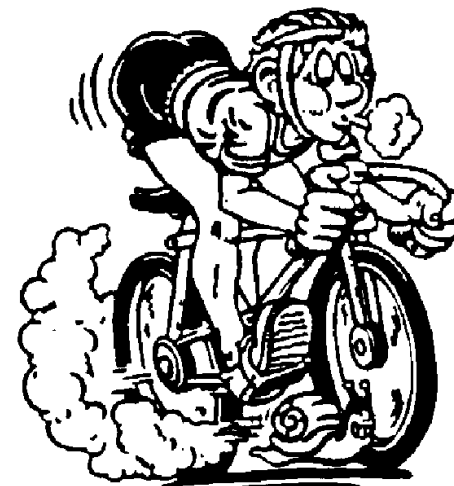
If you are not going to finish, please tell a control or contact Tina Walker on 07775 538830

Route checked by Pete Woolmer September 2018.

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we are
cycling
The cyclists' champion **UK**

EMITREMMUS ROUTE



100 kilometres
from
Fairlands Valley Park
Stevenage
Sunday 28th Oct 2018
10:00a.m. (GMT)