



100 Kilometres Challenge Ride EMITREMMUS DESREVER And Emit Lite From Stevenage

Photos from www.stevenagectc.org.uk



Help us celebrate a great summer of cycling
Can you cycle 100 kilometres?
Now you can prove it!



A Café To Café Bike Ride Sunday 30 October 2016

From Fairlands Valley Park (SG2 0BL) at 10a.m.

100km Brevet Populaire



Stevenage - Saffron Walden - Stevenage

Not A Race. Take Up To Eight Hours. Also Emit Lite (67K)
To be started by the Mayor of Stevenage

Hundreds of entries expected. Don't leave it too late. Entries £9; CTC/AUK Members £7; On the Day £12. Electronic entry available. More details from Jim Brown (0793 968 7509; redspoke@virginmedia.com).

www.stevenagectc.org.uk



we are
cycling
The cyclists' champion **UK**



A Cycling UK / CTC tourist competition event under AUK regulations. If you can please display this poster.

EMITREMMUS & LITE



Can you cycle 100 kilometres? Join us for the 22nd Emitremmus – or Summertime Reversed – and help celebrate Stevenage's 70th birthday.

Sunday 30th October may be the first day of “winter time” but after you've enjoyed that extra hour in bed come and ride our 100 kilometre brevet populaire from Stevenage (Fairlands Valley Park) to Saffron Walden and back.

The route is mostly on quiet roads and country lanes.

This is not a race. You get between 3 hours 36 minutes and eight hours to complete the 62 mile ride. Cycle at your own pace. You can ride alone or in a group.

The check points in Hare Street (near Buntingford), Saffron Walden and Therfield are at cafés, a tea room and a village hall so you won't go hungry or thirsty.

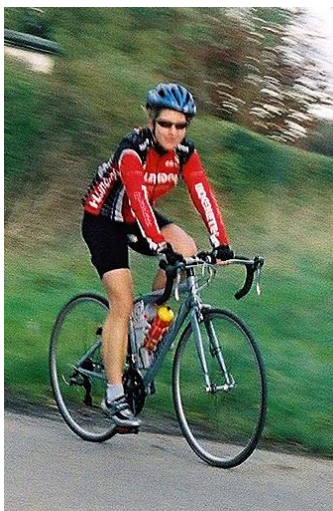
We can get more than 500 entries. Please enter in advance. Entries cost £9 (£7 for CTC/AUK members). If there are any places left on the day they will be £12.

The event HQ is at Costello's Café (SG2 0BL). It will be open for breakfast. Please try to get there by 9.30a.m.

You will get a detailed route sheet and other information when you enter. Ride in a group, with a friend or by yourself.



Free souvenir number for the first 400 entrants. Medals and polo shirts can be purchased. “Emit Lite” and limited “early bird” options available this year.



For more information and entry forms see the website or contact Jim Brown (0793 968 7509); Emitremmus c/o 5 Malvern Close, STEVENAGE, SG2 8UH; e-mail jim@stevenagectc.org.uk or redspoke@virginmedia.com

Electronic entry will be available.



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