

EMITREMMUS DESREVER 2016

Mists, loads of mist, and mellow fruitfulness but hundreds tackled Emitremmus and Emit Lite. Congratulations to the 307 cyclists who completed one of the rides.



There are lots of pictures in the gallery at www.stevenagectc.org.uk

Stevenage and North Herts CTC
part of Cycling UK

we are
cycling
The cyclists' champion **UK**

www.stevenagectc.org.uk

Emitremmus 100 Kilometres (AUK 16 - 447)

Congratulations to the 256 people who completed the 100 kilometre ride on Sunday 30th October

First Name	Last Name	Town	CTC / Cycling UK Group	Club
Fran	Allen	Tring	Stevenage & North Herts	None
Joby	Allen	Hertford	Independent	Independent
Nina	Atherton	Cockfosters	Independent	Independent
Karen	Atkins	Milton Keynes	None	Team Espresso
James	Atkinson	Hertford	Independent	Independent
Martin	Attaway	Watford	Independent	Independent
Troy	Backhouse	Hatfield	None	VCC / Auk
Kelly	Baker	St Albans	Stevenage & North Herts	None
Stephen	Ball	Enfield	Independent	Independent
Tim	Bangs	Letchworth GC	Stevenage & North Herts	None
Danny	Barclay	Letchworth GC	Stevenage & North Herts	CC Islington
David	Barker	Luton	None	Audax UK
Alan	Baxter	Stevenage	Stevenage & North Herts	None
John	Beaufoy	Knebworth	Not stated	The Eagle Road Club
Aldjia	Benfifi	London	None	Southgate CC
Daniel	Bennett	Hertford	None	Seelees Wheelers
Joe	Berry	Waltham Abbey		
Kay	Bettis	London		
Mike	Biggs	St Neots		
Mike	Biss	London	North London	None
Nick	Bloom	London	Central London	None
Peter	Bloomfield	Enfield	Central London	None
John	Blowes	Stevenage	Stevenage & North Herts	None
Richard	Blumsom	Hatfield	Independent	Independent
Paul	Boielle	Stevenage	Stevenage & North Herts	None
Cliff	Bonnett	Welwyn GC	Independent	Independent
Graham	Boswell	Royston	None	Royston Cycling Club
Iain	Boyd	Stevenage	Independent	Independent
Nathan	Brede	Stevenage	None	Herts Wheelers
Richard	Briers	Stevenage	Not stated	None
Tim	Briggs	London	Not stated	None
George	Brisco	Barnet	None	CC London
Ian	Brixey	Pinner	Independent	Independent
Daniel	Brockman	Knebworth	None	Welwyn Wheelers
Andrew	Brown	Hemel Hempstead	None	The Bike Loft
Andrew	Brown	Hertford	None	Welwyn Wheelers
Nikolaus	Brunner	Colchester	Essex CTC	Audax Club Mid Essex
Richard	Button	Hitchin	Stevenage & North Herts	Verulam CC
Simon	Carter	London	FNRTTC	Islington CC
Andrew	Casswell	London	Not stated	Southgate CC
Jeremy	Chandler-Smith	Welwyn GC	None	Welwyn Wheelers
Amit	Chauhan	London		
Jubin	Chheda	London	Independent	Independent
Matthew	Childerley	Hemmingford	Independent	Independent
Tony	Chin	St Neots	Independent	Independent
Asif	Choglay	Harrow		
David	Christian	Harpenden		
Stephen	Clarkson	Stevenage	Independent	Independent

Dawn	Coates	Sandy	None	The Nutters
Tony	Coates	Sandy	None	The Nutters
Mark	Colmer	St Neots		
Jonathan	Cooper	Stevenage	Stevenage & North Herts	None
Jim	Cope	Harrow	None	Audax Club Hackney
Simon	Copping	Woodford Green	None	None
Simon	Cordell	Royston	None	None
Dan	Cornell	Hertford	Independent	Independent
Alastair	Cossart	London	Independent	Independent
Douglas	Court	London	Central London	None
Stephanie	Cousins	Newport Pagnall	Independent	Independent
Lucinda	Cowell	Hitchin	None	The Nutters
Steven	Cowell	Hitchin	None	The Nutters
Alan	Crane	Bedford	Bedfordshire	Chronos RT
John	Curtin	Letchworth GC	None	Hitchin Nomads
Loyd	Davies	Stevenage	Stevenage & North Herts	None
Thomas	Deakins	Great Dunmow	Essex CTC	Audax Club Mid Essex
Stephen	Dee	Shepsted	Leicestershire & Rutland	Rough Stuff Fellowship
Stuart	Dennison	London	None	None
Owen	Dunn	Cambridge	None	None
Martin	Dyson	Hertford		
David	Edmondson	Watford	None	None
Gary	Elliott-Cirigottis	Milton Keynes	None	North Bucks Road Club
James	Elworthy	Clifton		
Mike	Evans	London	Central London	None
Laurence	Field	Gerrards Cross		
Patrick	Field	London	None	AUK
Graham	Figg	Hatfield	South Herts CTC	None
Tina	Filby	Royston	Cambridge	None
David	Fink	Hoddesdon	Independent	Independent
Robert	Finney	Stevenage	Stevenage & North Herts	None
John	Florides	Enfield	Independent	Independent
Jonathan	Fluxman	London	Central London	None
Anna	Foreshew	London	None	Audax UK
Kate	Foreshew	Kingston Upon Thames	Independent	Independent
Dave	Franklin	Wheathampstead		
Richard	Franklin	Sandy	Independent	Independent
Roger	Fretwell	London		
Graham	Fryer	Harlow		
Richard	Fryer	London		
Mark	Gallagher	Royston	Independent	Independent
Jane	Galliano	Letchworth	Stevenage & North Herts	None
Susan	Gardner	St. Albans	South Herts CTC	Verulam CC
Roseanna	Glynn	Barnet	Independent	Independent
Ken	Grace	Croydon	Independent	Independent
Diane	Gray	Baldock	Independent	Independent
Roger	Gretton	Leighton Buzzard	Bedfordshire	Team Espresso Cycling
Paul	Gurton	Bishops Stortford	Independent	Independent
Mark	Hackett	St. Albans	Independent	Independent
Nigel	Hale	Stevenage	Stevenage & North Herts	Watton Wheelers
Dave	Hall	Hitchin	Stevenage & North Herts	None
Lisa	Hall	Letchworth	Stevenage & North Herts	None
Stuart	Hammond	Stevenage	Stevenage & North Herts	None
Ben	Harris	Cambridge	Cambridge	None

Richard	Harrison	London	London	Audax UK
Spencer	Hauxwell	Waltham Cross		
Martin	Hawker	Hornchurch	Essex CTC	None
Michael	Hayes	Harpenden	Stevenage & North Herts	None
Gemma	Hazon	Welwyn GC	Stevenage & North Herts	None
Ian	Hazon	Welwyn GC	Stevenage & North Herts	None
Alan	Headland	Hertford		
Richard	Henshaw	Hockley	Not stated	None
Paul	Herbaut	Stevenage	Stevenage & North Herts	None
Kristina	Hetherington	London	London	None
Richard	Higginbottom	Stevenage	Stevenage & North Herts	None
Peter	Hill	Stevenage		
Alison	Hinds	Potters Bar	None	Welwyn Wheelers
Graham	Hoare	Knebworth	Stevenage & North Herts	Twintowns1000
Neil	Homewood	Stevenage	Stevenage & North Herts	None
Claire	Hooper	Woking		
Richard	Houlston	Surbiton	None stated	None
Elliot	Howard-Jones	Royston	Stevenage & North Herts	Audax UK
Malcolm	Howlett	Beccles	Suffolk	None
Ashley	Humphries	Thetford	Norfolk	None
Rob	Humphries	Stanstead Abbots	Stevenage & North Herts	None
Dave	Hurle	Hatfield	Hertfordshire	None
Allen	Hutcheson	London	London	None
Julian	Hutchings	West Wickham	None	None
Tony	Ingram	London		
Lisa	Jackson	Sandy	Bedfordshire	The Nutters
Thomas	James	London	Central London	None
Miranda	Johnston	Hitchin	Stevenage & North Herts	Hitchin Nomads
Robert	Jones	Sawbridgeworth	Stort Valley	None
Mike	Jubb	Alton	Independent	Independent
Terry	Kearns	Stevenage	Stevenage & North Herts	None
Lesley	Keddy	Rickmansworth	West Herts CTC	Verulam CC
Mark	Keeley	St Albans		
Rod	Kelson	Cheshunt	None	North Road CC
Richard	King	Stotfold	Independent	Independent
Steven	King	Letchworth GC		
Lee	Kirk	Buntingford	Hertfordshire	None
David	Kurtz	London	Central London	None
Nick	Laflin	Welwyn GC	Stevenage & North Herts	None
Kevin	Lake	Barnet	Independent	None
Simon	Leach	London		
Andy	Lee	Biggleswade		
Rhys	Lewis	High Wycombe	Milton Keynes & North Bucks	None
Simone	Lewis	London	London	None
Simon	Locke	Broxbourne	Hertfordshire	None
Laurence	Lowe	Hitchin	Independent	Independent
William	MacAlpine	Wheathampstead	None	BC
Roger	Magnus	London	London	None
Keith	Mantripp	Gt. Yarmouth	Norfolk	None
Ian	Markham	Bedford	Bedfordshire	Chronos RT
Sam	Martin	St Albans	South Herts CTC	Wheathampstead Wheelers.
Jonathan	McColl	London	Central London	None
Andrew	McGregor	St. Albans	Independent	Independent
Rob	Mclvor	London	West Kent	Audax Club Mid Essex

Andrew	Middlebrook	London	London	None
Rob	Miller	Clifton		
Robert	Mills	Hitchin	Stevenage & North Herts	None
Michael	Morgan	Wallingford	Oxford	None
David	Morreau	London	Independent	Independent
Jason	Morris	Stevenage	Stevenage & North Herts	None
Neal	Morris	London		
Nicola	Morris	Stevenage	Stevenage & North Herts	None
Tushar	Morzaria	Northwood	None	Gregarios Superclub Ciclista
Steve	Moseley	London	None stated	None
Julia	Moye	London		
Karen	Murphy	Potters Bar	Independent	Independent
Matthew	Newton	Stevenage	Stevenage & North Herts	None
Pat	Norris	Stevenage	Stevenage & North Herts	None
Andrew	Norton	Hitchin	Stevenage & North Herts	Hitchin Nomads
Malcolm	Nye	Letchworth GC	Stevenage & North Herts	None
Max	O'Driscoll	Clifton	Bedfordshire	None
Derek	Oldham	Letchworth GC	Stevenage & North Herts	None
Russell	Page	Milton Keynes	Milton Keynes & North Bucks	North Bucks Road Club
James	Partington	Shefford	Stevenage & North Herts	None
Jason	Peppiatt	Milton Keynes	None	North Bucks Road Club
Richard	Philpott	London	Central London	None
Nicholas	Pitt	Wellingborough	None	Chronos RT
Barry	Plumley	Hertford		
Danny	Pollock	London		
Tim	Portsmouth	Ingatestone	Ingatestone & North Units	Velo Teifi
Russ	Potter	Welwyn GC	Independent	Independent
Robert	Powell	Leigh-on-Sea	Independent	Independent
Chris	Preston	St. Neots	Cambridge	St Neots CC
Julian	Prokaza	London	None	None
Stephen	Prower	Stevenage	Stevenage & North Herts	None
Jo	Puttock	Welwyn GC	Independent	Independent
Duncan	Radbourne	Pinner	None	Gregarios Superclub Ciclista
David	Reck	Welwyn GC	Independent	Independent
Lucinda	Rhodes	Saffron Walden	Cambridge	None
Alec	Richardson	Shefford	Stevenage & North Herts	None
Caroline	Richardson	Shefford	Stevenage & North Herts	None
Andrew	Riley	Welwyn	Stevenage & North Herts	None
Ian	Robertson	Welwyn GC	Independent	Independent
John	Rootkin	Saffron Walden	Not stated	None
Richard	Roweth	Sandy	None	The Nutters
Richard	Roweth	Sandy		
Paul	Rule	Cambridge	Cambridge	None
Robin	Rule	Cambridge	Cambridge	None
Jeff	Ryan	Knebworth	Independent	Independent
Kevin	Sambridge	Ware	Independent	Independent
Thomas	Sauka	Stevenage	Stevenage & North Herts	Freedom Tri Letchworth
Andy	Scaplehorn	Letchworth	Stevenage & North Herts	None
Penny	Schenkel	Welwyn	Stevenage & North Herts	Stevenage CC
Michael	Scutt	Welwyn GC	Stevenage & North Herts	None
Justin	Self	St. Albans	South Herts CTC	Watford Velo Sportt
Simon	Sennitt	Cambridge		
Roger	Silk	Huntingdon		
Adrian	Smith	Milton Keynes	Milton Keynes & North Bucks	Team Espresso

Max	Soe	London	London	None
Alan	South	Royston	Stevenage & North Herts	None
David	Southin	Chelmsford	Chelmsford & North Essex	AUK
Simon	Speller	Stevenage	Stevenage & North Herts	None
Malcolm	Springet	London	London	None
Edmund	Spurgeon	Colchester	Colchester & North Essex	Colchester Rovers
Gary	Statham	Brighton	None	MHA
Chris	Stevens	Bedford	Bedfordshire	None
Alister	Stewart	Welwyn GC	Independent	Independent
Darren	Stewart	Hertford	None	Seelees Wheelers
Lynette	Stewart	Welwyn GC	Independent	Independent
Rodney	Stone	Chertsey	Independent	Independent
Chris	Suckling	Stevenage	None	Stevenage CC
Jignesh	Sutar	London	London	Gregarios Superclub Ciclista
Mark	Tagholm	Barnet	None	Southgate CC
Lee	Tanner	Letchworth GC		
Guy	Thompson	Royston	None	Meridian Triathlon
Mark	Thompson	Royston	Stevenage & North Herts	None
Luke	Tonkin	Hitchin	Stevenage & North Herts	None
Neil	Treble	St. Neots	None	None
Mike	Trotman	Abbots Langley	None	None
William	Tweddell	Colchester		
Ian	Undrell	Stevenage	Stevenage & North Herts	None
Carole-Anne	Upton	St. Albans	South Herts CTC	Welwyn Wheelers
Matthew	Walters	London	London	Audax UK
Peter	Walton	Hertford	Stevenage & North Herts	AUK
John	Waring	Hertford	Stevenage & North Herts	Watton Wheelers
Trevor	Warren	Enfield		
Steve	Watkins	Stevenage	Stevenage & North Herts	None
Bob	Watts	Hitchin	Hertfordshire	None
Lee	Wenban	St Neots	Independent	Independent
Steven	Whipp	Ware	Stevenage & North Herts	Herts Wheelers
Ben	Whitaker	Hitchin	Stevenage & North Herts	None
Bruce	White	Hertford	Stevenage & North Herts	Audax UK
Janine	Wignall	Little Hadham	Herts Wheelers	Watton Wheelers
Craig	Wilkie	Borehamwood		
Andrew	Willans	Letchworth	Stevenage & North Herts	AUK
John	Willans	London	London	None
John	Williams	London	London	None
Tracey	Williams	Peters Green	40+	Verulam CC
Mark	Williamson	Bedford	Bedfordshire	None
Alison	Wood	Chigwell	None	Redbridge CC
Matthew	Wood	London	London	None
Mark	Woodcock	Stevenage	Stevenage & North Herts	None
Emma	Woolley	Moseley	None	Verulam CC
Louise	Wright	Letchworth	Stevenage & North Herts	None

There were 219 finishers. 44 were independents. Please join Cycling UK / CTC soon.

The leading groups were Stevenage 59; Central London/London 22; Beds 7 and Cambridge 6.

Emit Lite 67 kilometres (AUK 16 - 446)

Well done all the 51 Lite riders who got round the 67 kilometres within the time limit.

First Name	Last Name	Town/City	CTC / Cycling UK Group	Club
Ben	Adams	Didcot	None	Independent
Mark	Adams	London	None	Independent
Jeff	Allen	St Albans	None	Independent
Matthew	Ball	Sawbridgeworth	None	Independent
Liz	Barker	Luton	None	Audax UK
John	Barstow	Sawbridgeworth	None	Audax UK
Mike	Batchelor	London	Edgware	None
George	Bates	St. Albans	None	Independent
Andrew	Benney	Stevenage	None	Independent
Patrick	Bentley	London	Central London	None
Jill	Borcherds	Stevenage	Stevenage & NH	None
Jim	Brown	Stevenage	Stevenage & NH	Stevenage CC
Kevin	Brown	Stevenage	None	Independent
Karen	Carter	Hitchin	Stevenage &NH	None
Karen	Cleaver	St. Albans	None	Independent
John	Crouch	Stevenage	Stevenage & NH	None
Richard	Da Silva	Stevenage	None	Independent
Catherine	Dann	Welwyn GC	None	Independent
Joe	Dormer	Watton-at-Stone	Stevenage & NH	Watton Wheelers
Linda	Farley	London	Central London	None
Clare	Hancock	Stevenage	Stevenage & NH	None
Peter	Hancock	Stevenage	Stevenage & NH	None
Alexandra	Hark	London	None	Independent
John	Hepburn	London	None	Audax UK
Kieran	Higham	Stevenage	Stevenage & NH	None
Paul	Hill	Stevenage	Stevenage & NH	None
Katy	Hobbs	Stevenage	None	Independent
John	Hopkins	Stevenage	None	Independent
Darren	Isted	Kimpton	None	Independent
Sharon	Jenkin	St. Albans	None	Independent
barbara	karch	London	None	Independent
Charlotte	Lawson	St. Neots	None	Independent
Stephen	Livingstone	Welwyn GC	None	Independent
Maggie	Maddison	St Albans	None	Independent
Susie	Mitchell	Welwyn GC	None	Watton Wheelers
Adrian	Morris	Stotfold	Stevenage & NH	None
Drew	Newman	Barnet	None	Montana Pedlars
John	Nye	Hitchin	Stevenage & NH	Watton Wheelers
Andrew	Russell	Northampton	None	Open University CC
Phil	Slade	Bedmond	None	Independent
Sue	Slade	Bedmond	None	Independent
Rob	Spiers	St. Albans	None	Independent
Debbie	Thorne	St Albans	None	Independent
Graham	Tooze	Stevenage	None	Independent
Elaine	Walker	Hitchin	Stevenage & NH	None
Elisabeth	Watson	London	None	Independent
Iain	Watt	Stevenage	Stevenage & NH	None
Robert	West	London	None	Independent
Rona	Wightman	St Albans	None	Audax UK
Eliana	Williams	Welwyn GC	None	Independent
Peter	Williams	Welwyn GC	None	Independent

51 successes. 2 riders did not finish (DNF). 12 entrants did not start (DNS).
Ten finishers had dropped down from the 100K. 28 independents. Please join Cycling UK soon.

Overall the leading Cycling UK groups were Stevenage 59 + 13 = 72 and Central London/London 22 + 2 = 24.
The most successful towns were London (44); Stevenage (41); Welwyn/WGC (19); St Albans (15) and Hitchin (14).
The best clubs were Watton Wheelers (6); "The Nutters" (6); Verulam CC (5) and Welwyn Wheelers (5).
Please could all riders hand their cards into the finish when they return to Stevenage next time.

Thank you Costello's Café, Fairlands Valley Park, Fordham Memorial Hall, Mocha's Café, Old Swan Tea Room,
Therfield WI and the Mayor and Mayoress of Stevenage, Councillors John and Joan Lloyd.

Helpers included Gylyan Boielle; Paul Boielle (riding 100K); Jill Borchers (riding); Jim Borchers; Jim Brown (riding);
Zander Brown; Jackie Cooper; Robert Finney (riding 100K); Susan Hoskins; John Nye (riding); Penny Schenkel (riding
100K); Gary Spicer; Harvey Spicer; Jasper Spicer and Elaine Walker (riding). No volunteers, no event. **Thank yc**





**Join us in 2017:
See you at the SSoSS rides on 26th March.
Thanks everyone who helped.
www.stevenagectc.org.uk**



