

Coming Events - Full details on website

Emitremmus Desrever - Sunday 29th October

Annual General Meeting – Thurs 9th November

Rides Planning Meeting – Thurs 30th November

Christmas Lunch Ride (annual awards) – Sunday 10th December

Cold Christmas Ride – Sunday 17th December Sunday 17th December

Santa Cycles Ride (see the Christmas lights) – Wed 20th December

Resolution Ride – 01 January 2018

**SATURDAY STARTER RIDES – WINTER
TIMETABLE BEGINS 04 NOVEMBER 2017 -
10:30AM START TIME**

Ride Makers

Secretary: Jim Brown, 106 Oaks Cross, Stevenage, SG2 8LT
jim@stevenagectc.org.uk 0793 968 7509
Treasurer: Paul Boielle 01438 356584
Rides: Penny Schenkel 0778 781 6434
Website: Tina Walker 01438 235881

Alan	07910 076236	Gary	07795 163586
Jackie	07850 428856	Jason	0744 704 1489
Jim Brown	07939 687509	Jim Borchers	07974 576663
Jill	07816 625901	John C	07747 044536
Loyd	07921 002224	Nicola	0791 643 8610
Paul H	01438 238728	Pete	01462 637718
Penny	07787 816434	Richard	07535 962676
Robert	01438 214913	Stuart	07710 795182

Please see our essential guide to group cycling. For extra rides, last minute changes and more information about cycling in general visit our website. **Please Note:** To save costs we prefer to email to let you know about ride lists. But if you want a paper copy let us have your address and we will post it to you. Please email ridelist@stevenagectc.org.uk to join or leave the mailing list or to keep us informed about any changes of postal and e-mail addresses.

Non members are welcome to try a few rides with us. Most rides are free but only Cycling UK members are eligible for the various competitions and to attend and vote at the AGM or become leaders. Cycling UK membership brings lot of benefits, including lower entry fees. **Please join Cycling UK soon** go to www.cyclinguk.org

www.stevenagectc.org.uk

Cycling UK is the new name for CTC

Cycling UK, the National Cycling Charity, Parklands, Railton Road Guildford GU2 9JX (0844 736 8450). Why not join us? See www.cyclinguk.org for details.

Where we start - Full details on website

Old Town: In Stevenage Old Town next to the war memorial (TL 233255, SG1 3EJ).

Costello's: Fairlands Valley Park. Meet inside or near the café in the sailing centre (TL254242, SG2 0BL).

Saturday Starters are an ideal introduction to group riding. In the summer they are half day afternoon rides from Costello's at 2pm every week getting back about 5.00pm. From November the rides start at 10:30am.

Our ride grades:

The letter indicates distance (miles) and speed:				
A	B	C	D	E
Over 56 Faster	40-55 Moderate	25-39 Slower	up to 24 Gentle	5-6 miles beginner
+ indicates rides of a increased pace eg D+				
⚠ Off road rides also have a number:				
1: Easy		2: Medium		3: Challenging riding
Road tyres	Knobbly tyres needed			
* Helmets: We leave it up to you but our off-road ride leaders feel that they are essential for off-road rides.				

Be prepared - our ride checklist:

Emergency contact number		Lights
Inner tube	Pump	Tyre levers
Drink	Money	Waterproof

***Your bike must be roadworthy* Remember
to carry lights in winter!**

**Be Warned - Rides will depart 10 mins after
published meeting time - don't be late!**

BIKE RIDES

from Stevenage
October – December 2017



Emitremmus and Emitremmus Lite
Sunday 29 October

*Rides every Saturday, Sunday and Wednesday
with extras too. Pick those that suit you and
enjoy a ride or two.*

**we are
cycling
Stevenage UK**

www.stevenagectc.org.uk

Updated 19/09/2017



Cycling UK Bike Rides from Stevenage October - December 2017



Date	Grade	Leader	Time	Place	Destination or Event
Sun 1 Oct	A	Pete	09:30	Old Town	Marston Moretaine (with 11's at Jordan's Mill and tea stop at Barton-le-Clay)
Wed 4 Oct	D	Paul	19:15	Old Town	Autumn Amble – Strathmore Arms, St Pauls Walden - Lights and warm layers essential.
Sat 7 Oct	D	Paul	14:00	Costello's	Saturday Starter to Emilys, Whitwell
Sun 8 Oct	B/C	Robert	10:00	Old Town	Old Warden (Shuttleworth)
Wed 11 Oct	D	Jackie	19:15	Old Town	Autumn Amble – White Horse, Burnham Green - Lights and warm layers essential.
Sat 14 Oct	D	Penny	14:00	Costello's	Saturday Starter to Brewery Tea Rooms, Walkern
Sun 15 Oct	A/B	Pete	09:30	Old Town	Saffron Walden (Mocha's Café) – Emitremmus Reconnaissance
Wed 18 Oct	D	Penny	19:15	Old Town	Autumn Amble – Pig and Whistle, Aston End - Lights and warm layers essential.
Sat 21 Oct	D	Gary	14:00	Costello's	Saturday Starter to Esquires Café, Letchworth
Sun 22 Oct	A/B	Loyd	09:30	Old Town	Woburn Sands
Wed 25 Oct	D	Jackie	19:15	Old Town	Autumn Amble – The George, Ickleford - Lights and warm layers essential.
Sat 28 Oct	D	Jackie	14:00	Costello's	Saturday Starter to Country Bumpkin, Tewin
Sun 29 Oct	A/B	Jim	08:30	Costello's	Emitremmus 100 km and 67 km (book online). Volunteers wanted.
Wed 1 Nov	D	Penny	19:15	Old Town	Winter Wander - Lights and warm layers essential.
Sat 4 Nov	D	Paul	10:30	Costello's	Saturday Starter to Vanstones Garden Centre, Codicote (NOTE WINTER START TIME IS 10:30AM)
Sun 5 Nov	B	Loyd	10:00	Old Town	Blueberrys Café, Harpenden
Wed 8 Nov	D	Jackie	19:15	Old Town	Winter Wander - Lights and warm layers essential.
Thu 9 Nov	N/A	Tina	19:45	SG1 3EJ	Annual General Meeting (Springfield House, Old Stevenage)
Sat 11 Nov	D	Penny	10:30	Costello's	Saturday Starter to Baldock
Sun 12 Nov	D+	Paul H	10:00	Costellos	Roses Café, Hertford
Wed 15 Nov	D	Penny	19:15	Old Town	Winter Wander - Lights and warm layers essential.
Sat 18 Nov	D	Gary	10:30	Costello's	Saturday Starter to Emilys, Whitwell
Sun 19 Nov	B	Jason	09:30	Old Town	Barton-le-Clay
Wed 22 Nov	D	Robert	19:15	Old Town	Winter Wander - Lights and warm layers essential.
Sat 25 Nov	D	Jackie	10:30	Costello's	Saturday Starter to Church Farm, Ardeley
Sun 26 Nov	B	Pete	09:30	Old Town	Waresley
Wed 29 Nov	D	Jackie	19:15	Old Town	Winter Wander - Lights and warm layers essential.
Thurs 30 Nov	N/A	Tina	19:45	SG2 8LT	Rides Planning Meeting - 106 Oaks Cross
Sat 2 Dec	D	Nicola	10:30	Costello's	Saturday Starter to We R Cakes, Woolmer Green
Sun 3 Dec	B	Loyd	09:30	Old Town	Royston
Wed 6 Dec	D	Penny	19:15	Old Town	Winter Wander - Lights and warm layers essential.
Sat 9 Dec	D	Jackie	10:30	Costello's	Saturday Starter to Country Bumpkin, Tewin
Sun 10 Dec	D	Paul	10:00	Costellos	Christmas Lunch Ride (<i>advance bookings with Jackie will be required</i>). Lights essential.
Wed 13 Dec	D	Pete	19:15	Old Town	Winter Wander - Lights and warm layers essential.
Sat 16 Dec	D	Gary	10:30	Costello's	Saturday Starter to Crumbs, Watton at Stone
Sun 17 Dec	C	Loyd	09:30	Old Town	Cold Christmas Ride
Wed 20 Dec	D	Paul	19:15	Old Town	Santa Cycles Winter Wander - Lights and warm layers essential. Fancy dress and festive lights encouraged.
Mon 01 Jan	D	Jackie	10:30	Old Town	Resolution Ride to Vanstones Garden Centre, Codicote

Look on www.stevenagectc.org.uk for extra details, additions and last minute changes
Plans may change due to inclement weather or mechanical problems - contact ride leader if you plan to meet at 11s or lunch