

# EMITREMMUS

## 101km Route Sheet

Sunday 30<sup>th</sup> October 2011

The start is at Costello's Café by the Sailing Centre, Fairlands Valley Park, off Six Hills Way, Stevenage (O.S. 166 grid ref TL 254243. Postcode SG2 0BL). Start 1000. Please arrive by 0945.

### STAGE ONE

From start FWD to park exit. LEFT onto Six Hills Way. FWD at two RBTs (sps Chells and Chells Manor) to Gresley Way and third RBT where LEFT (sp Chells Manor). Take first RIGHT (sp Aston End/Equestrian Centre. **Don't miss it**) onto Lanterns Lane (2.2km/1.4 miles).

Follow Lanterns Lane through **ASTON END** passing "Crown" ph. At junction with green bench LEFT (no sp, before water tower / butcher). FWD (no sp) to **ASTON**.

In **ASTON** pass back of "Pig and Whistle" then sharp LEFT. Pass front of "Pig & Whistle", down hill, over River Beane and climb to X roads where FWD to **BENINGTON** (7.7km/4.8 miles).

RIGHT (sp Ware/Hertford) to **WHEMPSTEAD**. At X LEFT (sp **DANE END**/The Mundens) to **DANE END**.

LEFT at X (sp **GREAT MUNDEN**) and FWD on major route through **GREAT MUNDEN**, **NASTY**, bear RIGHT to **WESTMILL** (20.5km/12.6 miles), **ASPENDEN** where sharp RIGHT (sp **BUNTINGFORD**) and under A10(T). At T LEFT into **BUNTINGFORD**. By "Jolly Sailors" ph RIGHT onto B1038 to **HARE STREET**.

At stgd X RIGHT (sp Braughing B1368) to (former) Old Swan Tea Rooms on r.h.s. (27km/16.8 miles). Go just past the front entrance. Control through rear gate to left of tea room.

CONTROL OPENS 1104; CLOSSES 1210

Please do not lean bikes against the house next door or on other properties.



### STAGE TWO

Retrace to stgd X where RIGHT on B1038 to **GREAT HORMEAD** (28km/17.4 miles).

Continue on B1038 through **BRENT PELHAM**. At top of rise RIGHT through **CLAVERING & WICKEN BONHUNT** to **NEWPORT** (40.5km/25.3 miles).

At T LEFT (sp **S WALDEN**/Cambridge) on B1383 to RBT where RIGHT (sp **SAFFRON WALDEN**) on B1052.

In **SAFFRON WALDEN** RIGHT (sp town centre). FWD over 2 mini-RBTs and down hill to traffic lights, FWD then shortly RIGHT into King Street. In 30 metres entrance to café through Central Arcade on r.h.s.

**MOCHA'S CAFÉ**. (47km/29.4 miles)

CONTROL OPENS 1152; CLOSSES 1346



### STAGE THREE

From café LEFT and walk to end of Central Arcade. LEFT to lights and FWD up hill. FWD over mini-RBTs (sp Saffron Screen then Audley End). Follow Audley End signs past County High School then LEFT (sp **WENDEN**).

At T LEFT on B1383 and shortly RIGHT (sp Royston) on B1039. FWD over mini-RBT in **WENDENS AMBO** to **GREAT CHISHILL** (60km/37.5 miles).

In **GREAT CHISHILL** LEFT (sp Barkway) opposite church into May Street. FWD to **SHAFTENHOE END**. Continue FWD up hill. At B1368 LEFT at T to **BARKWAY**. (64.8km/40.5 miles)

In **BARKWAY** first RIGHT (sp **REED/Royston**). In 2.2 kilometres/1.4 miles LEFT (sp **REED**) into Crow Lane then Jackson's Lane. At T LEFT on Blacksmith's Lane to T. RIGHT at busy A10(T).

Pass the Silver Ball Café (71km/44.4 miles)

Immediately LEFT into lane (sp **THERFIELD**) through **HAY GREEN**. In **THERFIELD** (By Fox and Duck) LEFT into Church Lane. Fordham Memorial Hall is on the r.h.s (74km/46.0 miles).

CONTROL OPENS 1257; CLOSSES 1555



## STAGE FOUR

Retrace to junction and IMM LEFT into Pedlars Lane (no sp). LEFT at T and continue following signs to **KELSHALL** and **SANDON** where at T LEFT (sp Buckland) and bear RIGHT (sp Wallington).

By cricket pitch/red 'phone box LEFT (sp **RUSHDEN**). At T LEFT (sp **RUSHDEN**). FWD passing "Moon and Stars" and onto A507. Shortly RIGHT onto minor road (sp Walkern) where main road bears left. In 1.4 kilometres/0.9 miles . RIGHT (sp **LUFFENHALL**).

In **LUFFENHALL** LEFT and RIGHT (sp Weston). Up hill and bear RIGHT to **HALLS GREEN** where FWD passing "Rising Sun" ph on r.h.s.

Continue FWD to **WESTON**. At X roads in **WESTON INFORMATION CONTROL** (see question in brevet card). (94km/58.4 miles).

Then LEFT (no sp) and FWD (sp Stevenage) through **DAMASK GREEN**. FWD for about 2.5 kms/1.5 miles.

Bear RIGHT and then turn LEFT onto traffic calmed road (Calder Way). After speed bumps at first T LEFT. At second T RIGHT onto Great Ashby Way. FWD at RBT (still Gt. Ashby Way). At RBT LEFT onto Canterbury Way.

At T RIGHT onto Pilgrims Way. Shortly LEFT into Coventry Close and IMM RIGHT onto cycleway. Shortly RIGHT to pass under Martins Way RBT (Underpass 1). FWD (U3) then bear LEFT (parallel with Verity Way). FWD through three underpasses then bear RIGHT (and west) parallel to Fairlands Way and downhill under Douglas Drive and Webb Rise.

After 0.5km LEFT through underpass for Chells & Shephall. IMM LEFT into park then at Fairlands Valley Park sign RIGHT onto shared use cycle path alongside hedge. **Please give others space**. At T LEFT over bridge and bear RIGHT. Pass sailing centre/café on rhs then IMM RIGHT through car park. Finish control in café.

**ARRIVÉE FAIRLANDS VALLEY PARK COSTELLO'S CAFÉ** (101km/63 miles).

CONTROL OPENS 1402; LAST ARRIVAL 1805.

## ABBREVIATIONS

FWD	= forward
IMM	= immediately
INFO	= information control
O.S.	= Ordnance Survey
ph	= public house
RBT	= roundabout
r.h.s.	= right hand side
sp	= sign post
stgd	= staggered
T	= T junction
U	= cycleway underpass (with number)
A10(T)	= A10 trunk road
X	= cross roads



You will pass through **PLACES** marked in underlined, bold capitals. Continue on major route unless directed otherwise.

You will need a pen or pencil for the information control.

Don't forget to get your card signed and timed at each control including the finish. Please support the cafés. They are helping to make this event possible.

The route can be checked on O.S. Landranger maps 153, 154, 166 and 167. A map showing the start can be obtained by typing SG2 0BL into a street map website e.g. [www.streetmap.co.uk](http://www.streetmap.co.uk)

If you are coming by car please use the large car park on the left as you enter Fairlands Valley. The café car park will be needed by others.

You will need lights from 4.50p.m.

Jim is on 0793 968 7509 or 01438 354505  
Costello's Café 'phone number is 01438 748458  
Back Up on 0774 862 3453

*Route checked 14 October 2011 by Jim Brown and Alison Mills.*

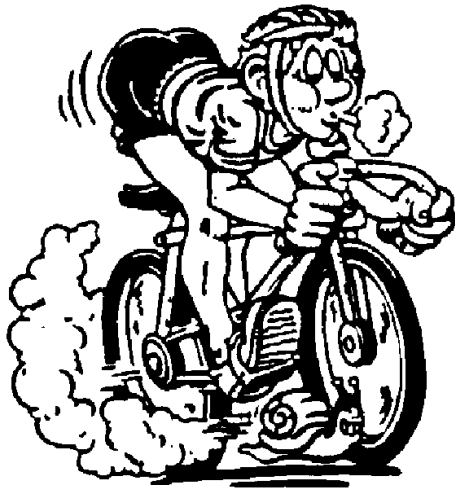


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[www.stevenagectc.org.uk](http://www.stevenagectc.org.uk)

# **EMITREMMUS ROUTE**



**101 kilometres**

from

**Fairlands Valley Park**

**Stevenage**

**Sunday 30<sup>th</sup> Oct 2011**

**10:00a.m. (GMT)**